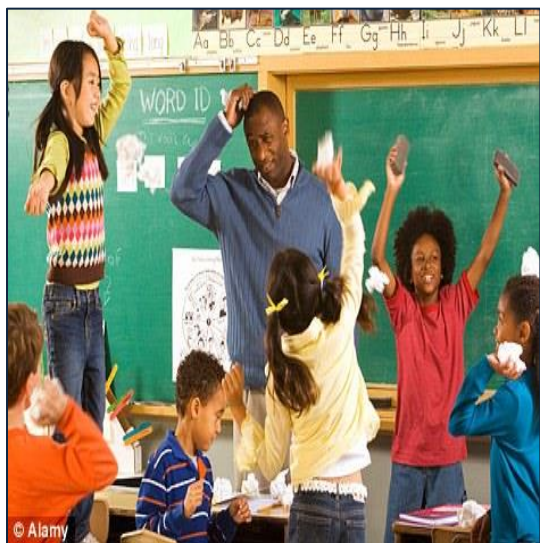


## About the Presenter



**Colleen DeVeyrac** is an international public speaker, teacher, and educational consultant presenting workshops across Australia, Canada, and New Zealand. Colleen graduated from the University of Calgary, Canada with a Bachelor of Education and Bachelor of Physical Education and has completed her Master of Learning Innovation from QUT. She has worked with youth at risk for over 15 years and has implemented early intervention and adolescent programs to assist students in transitioning into mainstream schooling. Colleen believes it is paramount to be proactive and positive when working with students to create an atmosphere that encourages engagement and excitement for learning. Examining educator's reactions and ability to handle stressful situations in relation to challenging children can be powerful in creating a more positive environment.

Colleen's "Save Your Sanity" workshops concentrate on presenting those skills and strategies to increase resiliency in students as well as providing specific strategies for educators to decrease their stress levels and reactions to challenging situations. Colleen is committed to presenting workshops that are engaging, informative and motivating to all participants.

**SAVE YOUR SANITY** is a full day workshop (8:30am – 3:00pm) covering the following topics for all age groups:

- Discipline vs. Punishment
- Managing Teacher Stress
- Developing skills to analyse our own behaviour in relation to challenging situations
- Empowering students to become part of their learning community
- Proactive vs. Reactive strategies
- The Power of "YOU" as a strategy
- Antecedents to Avoid
- Organization, Communication, Cognitive, Social Skills, Goal Setting and Anger/Oppositional Strategies
- Executive Functioning Strategies for ADHD and ASD
- Developing an intervention plan using functional assessments

ONGOING  
SUPPORT  
FOLLOWING  
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WORKSHOP!

For more information please contact:  
CRD Consulting - PO Box 27075 Kamloops, BC V2E 0B2  
Or email us at: [enquiries@saveyoursanity.ca](mailto:enquiries@saveyoursanity.ca)  
Phone: 250 572-4144 Fax: 250 483 6423  
[www.saveyoursanity.ca](http://www.saveyoursanity.ca)  
BN: 84797 8566



PROACTIVE STRATEGIES FOR CHILDREN WITH CHALLENGING BEHAVIOUR – REGISTRATION FORM

**Please Register Early as Spaces Fill UP!**

**Workshop Locations**

**Monday February 25th, 2019:** Coast Victoria Hotel & Marina, 146 Kingston St, **VICTORIA, BC**

**Wednesday February 27th, 2019:** Holiday Inn & Suites, 700 Old Lillooet Road, **NORTH VANCOUVER, BC**

**Monday April 15<sup>th</sup>, 2019:** The Kanata Kelowna Conference Centre, 2429 Highway 97 North, **KELOWNA, BC**

**Friday May 3<sup>rd</sup>, 2018 :** Quality Hotel, 36035 North Parallel Road, **ABBOTSFORD, BC**

For other locations across Canada go to our website  
**[www.saveyoursanity.ca](http://www.saveyoursanity.ca)**

REGISTRATION DETAILS

School/Organization: \_\_\_\_\_

Surname: \_\_\_\_\_

First Name: \_\_\_\_\_

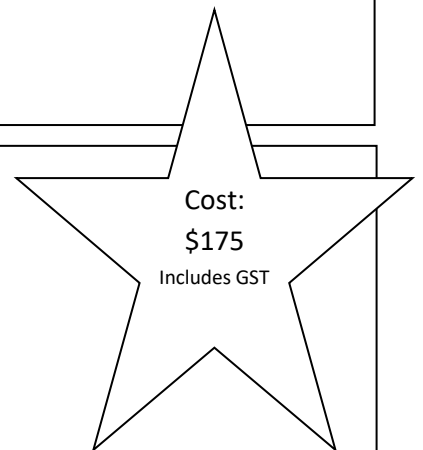
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\_\_\_\_\_ P/C \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Contact Name (if different from above): \_\_\_\_\_



**FAX REGISTRATION DETAILS TO: 250 483-6423**  
**Or Register online at: [www.saveyoursanity.ca](http://www.saveyoursanity.ca)**

**An invoice will be sent upon receipt of your registration and confirmation will be sent to the email address provided.**  
**If paying with cheque details for payment will be on your invoice.**

CRD Consulting  
PO Box 27075,  
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